Objective

By the end of the session, organizations will...

- Have an understanding of the Pathways to Population Health Framework to enable development or refinement of population health strategies incorporating the four portfolios of population health
- Be equipped with tools to assess where they are in their work across the four portfolios
- Understand how P2PH is being implemented in other regions
- Understand how to engage in the conversation on HCGC’s online community
Background

P2PH is the product of collaboration among five organizations leveraging our shared assets and unique strengths to help health care organizations accelerate population health improvement efforts.
1. **Create and align messaging** about what the journey to population health entails for health care organizations.

2. **Build a pathway of support** that helps systems identify where they are and where they want to go next, and puts tools and resources from the field in one place.

3. **Engage and support** health care organizations on the journey to population health.
Visit www.pathways2pophealth.org to access these tools and learn more.
Pathways to Population Health (P2PH)

Goals

- **Create and align messaging** about what the journey to population health entails for health care organizations
- **Build a pathway of support** for health systems that:
  - Helps them identify where they are and where to go next
  - Puts tools and resources from the field together in one place
- **Engage** health care organizations on the journey to population health
Create and Align Messaging: P2PH Framework

1. Foundational Concepts and Creating a Common Language: This section defines key concepts and terms that are foundational to understanding the journey to population health (the WHY);

2. Portfolios of Population Health: This section describes four interconnected portfolios of work that contribute to population health (the WHAT); and

3. Levers for Implementation: This section surfaces the levers that can be used to accelerate your progress within and across portfolios of work to improve population health (the HOW).
Six Foundational Concepts of Population Health

1. Health and well-being develop over a lifetime.
2. Social determinants drive health and well-being outcomes throughout the life course.
3. Place is a determinant of health, well-being, and equity.
4. The health system needs to address the key demographic shifts of our time.
5. The health system can embrace innovative financial models and deploy existing assets for greater value.
6. Health creation requires partnership because health care only holds a part of the puzzle.

What creates health? How can health care engage?
Two High Leverage Opportunities for Health Care Organizations to Embrace

Improve health and well-being for two types of populations:

- Patients for which your organization is responsible
- Place-based population
Four Portfolios of Population Health

P1: Physical and/or Mental Health
P2: Social and/or Spiritual Well-being
P3: Community Health and Well-being
P4: Communities of Solutions

Equity

Population Management

Source: Pathways to Population Health, 2018
Pathways to Population Health (P2PH)

Goals

- **Create and align messaging** about what the journey to population health entails for health care organizations

**Build a pathway of support** for health systems that:
  - Helps them identify where they are and where to go next
  - Puts tools and resources from the field together in one place

- **Engage** health care organizations on the journey to population health
The Compass includes 8 components with a series of statements to identify your organization’s current state

- Components: Stewardship, Equity, Payment, Partnerships with People with Lived Experience, Portfolio 1, Portfolio 2, Portfolio 3, Portfolio 4

For each statement, select the description that best represents the attitudes, behaviors, or actions currently underway

Interpreting your results and building a balanced approach to population health

- The Compass provides a snapshot of your organization’s current activities and suggests some possible next steps to help your organization progress to where it wants to be (ideally, making progress in all components and striving for balance between the four portfolios)
Using the Compass

Payment
As you consider your organization’s attitudes, behaviors, or actions currently underway.

Portfolio 3: Community Health and Well-Being
As you consider your organization’s efforts to improve community health and well-being, please select the description that best represents the attitudes, behaviors, or actions currently underway in the three components.

Data
Consider all the statements below about data.

- We collect community-wide data on a specific area of focus in our community work.
- We use tools like geotagging to understand the relationship of place to specific health and well-being outcomes in our community.
- We have data sharing agreements in place and routinely share and review our community’s data with all relevant stakeholders (including the people most impacted).
- We analyze our community-level data with a health equity lens with all relevant community stakeholders (including those most impacted).
- We use data to risk-stratify and prioritize opportunities with our community partners to improve specific health and well-being outcomes.

<table>
<thead>
<tr>
<th>We don’t do any of these things</th>
<th>We do a few of these things</th>
<th>We do most of these things</th>
<th>We do all these things!</th>
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</thead>
<tbody>
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<td>1</td>
<td>2</td>
<td>3</td>
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<th>progress</th>
<th>progress</th>
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<td>2</td>
<td>3</td>
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</tbody>
</table>
Pathways to Population Health (P2PH)

**Goals**

- **Create and align messaging** about what the journey to population health entails for health care organizations
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Oasis & Action Plan

PATHWAYS TO POPULATION HEALTH: ACTION PLAN

Name: ____________________________  Title: ____________________________  Organization: ____________________________

Date Updated (Today’s Date): ____________________________

Overview and Purpose: This Pathways to Population Health Action Plan is intended to help you prioritize plans and next steps based on the opportunities you identified in the Compass. We recommend updating your Action Plan each time you retake the Compass to assess your progress (we suggest quarterly).

Overall Aim for this Quarter (you might wish to fill this out after completing the other sections):

By [DATE, “by when”] ____________________________,
we will ____________________________
This work will benefit “for whom”: ____________________________
Our main partners for this work are: ____________________________

Actions for Stewardship, Equity, Payment, and Partnerships with People with Lived Experience
In the grid below, note your current strengths or recent wins, your vision for each area, and any actions in this quarter. You may not have actions in all areas (far right column) for this quarter.

<table>
<thead>
<tr>
<th>Area</th>
<th>Assets, Where We Are Strong Now or Gains in the Last Quarter</th>
<th>Overall Vision for this Area</th>
<th>Actions this Quarter to Get Us Closer to Our Overall Vision</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stewardship</td>
<td></td>
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<td></td>
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<tr>
<td>Equity</td>
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<td>Payment</td>
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<tr>
<td>Partnerships</td>
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</tbody>
</table>

Pathways to Population Health | www.pathways2pophealth.org
Visit www.pathways2pophealth.org to download the tools and resources!

<table>
<thead>
<tr>
<th>Learn</th>
<th>Act</th>
<th>Improve</th>
</tr>
</thead>
<tbody>
<tr>
<td>Download the <strong>Framework</strong> to learn the four portfolios of population health and how to improve health, equity, and well-being</td>
<td>Catalogue current population health activities and identify opportunities to amplify your efforts using the <strong>Compass</strong></td>
<td>Find curated tools and resources on the <strong>Oasis</strong> to support your journey to population health</td>
</tr>
</tbody>
</table>
Pathways to Population Health (P2PH)

### Goals

- **Create and align messaging** about what the journey to population health entails for health care organizations.
- **Build a pathway of support** for health systems that:
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- **Engage** health care organizations on the journey to population health
Collectively Impacting Health in our region to become the healthiest thriving community with the best quality and value in health care.

As a credible voice on the state and national stage, MiHIA brings awareness to our region and highlights regional successes.
Foundation for Regional Change

MiHIA is...

- ... a convener for multiple parties, establishing shared goals and objectives, setting collective targets, or aligning business plans.

- ... an assessor, evaluating processes and offerings to reduce redundancies, conducting environmental scans, or providing health data.

- ... a backbone organization that also seeks funding to bring resources to our area, and facilitates or supports projects or initiatives that will impact better health and health care in our region.
Producing Impact

MiHIA Provides Impact Through Beneficial Prevention And Informational Programs

**Bridging for Health**
- “Call To Action for Population Health” Speaker Circuit
- Centering Pregnancy
- Choosing Wisely

**Community Health Excellence Awards**

**Diabetes Prevention Program**
- Dig It! Community Gardens

**Pathways to Population Health**

- Engaging Pharmacist to Improve Chronic Disease Management
- Happier and Healthier Families
- Opioid Strategy Work Group

**Regional Community Health Needs Assessment and Health Improvement Plan**

**THRIVE: Health and Economic Initiative**

*We are regionally changing the conversations and landscape of our communities.*
The Journey on our “Pathways to Population Health”

● In July 2018, MiHIA became a Pioneer Sponsor (1 of 33)
  ○ Portfolio 3: Community Health and Well-Being = Beth R.
  ○ Portfolio 4: Communities of Solutions = HCO Pilot Partner, MidMichigan Health

● In November 2018, MiHIA received stipend award to accelerate our regional work
  ○ Hosted 2 Learning Lab Webinars - 44 register/23 organizations
    ■ Pt 1: Becoming a Health Care Change Agent (Feb 13)
    ■ Pt 2: Charting a Path Forward (Mar 4)
  ○ 7 organizations have completed Compass Assessment
  ○ PENDING: aggregate results to determine regional strengths and areas of opportunities (for MiHIA to further support)
  ○ Present during national Webinar on Mar 20, hosted by NRHI
The region is **duplicating data collection, spending thousands of dollars** more than needed when we could be collaborating more efficiently.

MiHIA is orchestrating a regional CHNA, with a coordinating improvement plan, outlining the information and **actions that each organization can take to positive effect our communities**.

The RCHNA contains consistent methodology and standardized process, which includes data collection/analysis, **asset mapping**, community input, prioritization of the issues, evidence-based action plan, and measurement/evaluation process.
MidMichigan Health is a non-profit health system, headquartered in Midland, Michigan, affiliated with Michigan Medicine, the health care division of the University of Michigan.

MidMichigan Health covers a 23-county region with nine wholly-owned subsidiaries and medical centers in Midland, Alpena, Alma, Clare, Gladwin, Mt. Pleasant and West Branch.

As the second-largest employer in Midland and Gratiot Counties and the largest employer in Alpena, Clare, Gladwin and Ogemaw Counties, MidMichigan employs more than 7,800 people.

As a non-profit, all excess revenues go back into providing care, upgrading services, fairly compensating employees and creating a supportive work environment and provided $90 million in community benefits in fiscal year 2017.

A hallmark of MidMichigan Health is the quality of its medical facilities and campuses, which have been enhanced by the generosity of local foundations and donors.
Healthcare Collaborative of Greater Columbus:
Implementing P2PH
The Central Ohio region is ripe for this resource

- Supporting HCGC’S Population Health Efforts
  - July 2018 P2PH Webinar, March 2019 Regional learning labs
  - Central Ohio Pathways HUB Model: HCGC is proud to manage the Central Ohio Pathways HUB, a neutral, central convener that connects our most vulnerable citizens with healthcare and community resources and creates accountability for outcomes.
  - April 18, 2019 HCGC Regional Learning Session on Population Health
Building/capturing this activity as a region

- HCGC’s goals are never to duplicate or replace what partners are doing, but instead build the regional efforts and capture successes to learn from one another

- Pathways to Population Health is a valuable tool that HCGC can provide to support partners’ efforts
Refining the regional approach

- Start with those providing direct service: providers and larger health systems

- Utilize the Compass to identify areas for opportunity and then engage the many partners engaged in social service, public health and community health
Moving P2PH forward

- HCGC believes in P2PH and are excited to continue sharing the model

- Continue to work with NRHI and other regions to share best practices and lessons learned efforts here in Central Ohio

- Leverage HCGC’s online community to connect and collaborate within the region
HCGC Online Community

How to join:

1) Visit hgcg.healthdoers.org
2) Click login/signup in top right corner
3) Select "sign up"
4) Enter your email and password
5) Verify your email in your inbox

Once you have verified your email an admin will approve your account.

Healthcare Collaborative of Greater Columbus
Once you join, follow the prompts to **create your profile**, **connect with peers**, and **join the discussion**.
Take Action Now!

What we ask of you:

• Join the HCGC Community
• Read and reflect on the Framework
• Take the Compass to assess your current portfolio of work
• Develop an Action Plan, utilize tools and resources on the Oasis, to support your progress
• Connect with HCGC to support your plan
• Assess your progress quarterly and celebrate with us along the way!
Help us assess our progress

Complete the brief pulse survey provided by HCGC to help us identify opportunities to continue to support your efforts.

I feel I have made progress in my population health work as a result of P2PH tools, resources and framework. *

- Yes
- No

Please comment on your selection above.

Your answer
Join HCGC Online Community on your phone

1) VISIT: https://hcgc.healthdoers.org
2) CLICK profile icon
3) SIGN UP
4) CONFIRM EMAIL to access the HCGC community