

# News from the COLLABORATIVE

## Featured Article

### Ohio Gestational Diabetes Postpartum Care Learning Collaborative Releases Toolkits for Home Visitors and Families



The Ohio Type 2 Diabetes Learning Collaborative developed several resources to aid home visitors in the treatment and care plan for women of child-bearing age at high risk for T2DM. In consultation with nationally-recognized subject matter experts, along with feedback from participating providers across Ohio, a toolkit and family resources have been adapted for home visiting and support staff.

Uncontrolled gestational diabetes during pregnancy can lead to high birth weight, jaundice, preterm birth, or other conditions in the baby. Additionally, moms that had GDM are likely to experience a re-occurrence in future pregnancies or develop Type 2 Diabetes. In response to this growing problem, we have developed key information for both home visitors and families on GDM and Type 2 Diabetes.

#### Home Visitor Toolkit includes:

- Tools to identify women at high risk for GDM
- Care Coordination Strategies
- Health and wellness education messaging for families
- Shared decision making guides
- Best practices flow chart for home visit appointments
- Community support resources
- Prenatal Resources
- Quality Improvement tools for women with GDM

**Family Toolkit includes:**

- Impact of GDM on mother and baby
- Recommended lifestyle changes
- Dietary guidelines and education for maintaining recommended blood sugar
- Benefits and impacts of breastfeeding on mom and baby
- The importance of diabetes screening by 12 weeks postpartum
- Oral health resources
- Postpartum Depression support materials

[Read the full article](#)

## December HCGC Webinar



Thursday,  
December 19th  
10-11:30 AM

### HCGC Presents: A Webinar on Screening for Social Determinants of Health

Featuring an update on CORE 5, a  
SDoH screening tool from:



**Alex Jones, RN, MS**

RWJF Health Nurse Leader  
Assistant Health Commissioner  
Director of Prevention and Wellness  
Franklin County Public Health



**Nancie Bechtel, MPH, BSN, RN**

Private Contractor  
Former Assistant Health Commissioner and  
Chief Nursing Officer  
Columbus Public Health

[Register for the Webinar](#)



## Community Health Workers' Role in Screening for Social Determinants of Health

By Tanikka C. Price, Data and Finance Director,  
Central Ohio Pathways HUB

Health is more than just going to a doctor's appointment. It is wellness; feeling good and being empowered to make decisions for yourself and your family. Health is impacted by where you live, where you work, what you eat, how you provide for your basic needs, how you get where you need to be and how safe you feel in your most intimate relationships. For too many families, health is impacted by all the things that happen before they get to the doctor's office. These elements are known as Social Determinants of Health (SDoH).

The Central Ohio Pathways HUB (the HUB), a care coordination program managed by the Healthcare Collaborative of Greater Columbus (HCGC), deploys community health workers (CHWs) to address clients' SDoH in order to provide connections to appropriate health and social services and care to our region's most vulnerable populations.

[View the Entire Post](#)

## Patient Centered Outcomes Research Institute Featured Article



### Health Risks for Each Individual, Not for the Average Patient

Study results often predict the benefit a treatment could have for the average patient. APCORI-funded project is using personal health characteristics to move beyond averages and predict the benefit a treatment could have for individual patients.

*By Blake Whitney, Senior Editor*

When retired aluminum industry technologist John Schultz went for a check-up with his longtime Monroeville, Pennsylvania, physician in 2018, he got some worrying news. "He said that my BMI [body mass index] was creeping up, that my blood pressure was creeping up, and that if I continued on the path I was on, it could lead me straight to diabetes," Schultz said.

The news worried Schultz, who has a younger brother with diabetes. His doctor, Francis Colangelo, MD, MS, referred him to a 16-week group class taught at a YMCA in the nearby

community of Plum. Colangelo told him the class would be intense, teaching lifestyle-changing habits of healthy eating and regular exercise.

[Read More on PCORI's Website](#)

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## Upcoming Events from Our Partners

National Alliance of Healthcare Purchaser Coalition and Catalyst for Payment Reform

Present

### ***Webinar on Tracking Progress on Payment Reform***

View the results of the four new or updated National Scorecards on Commercial Payment Reform, that use eValue8 data to track payment reform implementation.

Explore whether payment reform plays a role in improving healthcare value by examining results to watch on

quality and affordability of health care during the same time periods.

[Details & Registration](#)

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The Ohio Chapter, American Academy of Pediatrics and Ohio Department of Health Present

### ***Parenting at Mealtime and Playtime (PMP) training***

You will learn tips for discussing healthy eating and play habits with families with young children.

You will learn how to use PMP resources which include a variety of family-friendly handouts such as “Introducing Solids” and “Breastfeeding” and a mobile app.

[Details & Registration](#)

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Institute for Diversity and Health Equity Presents

### ***2020 National Leadership and Education Conference***

Join us June 2020 in Cleveland to connect with hospital and health system executives leading the way toward improved diversity, inclusion and equity in health care.

[Details & Registration](#)

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[Articles of Interest](#)

[Health Action Council Releases Annual Report](#)



[Health Affairs: Home-Based Primary Care: How The Modern Day “House Call” Improves Outcomes, Reduces Costs, And Provides Care Where It’s Most Often Needed](#)

[IHI: Improving Behavioral Health Care in the ED and Upstream](#)

[IHI: How to Build Will to Improve Health Equity: Understand Your Context](#)

[NRHI: R.E.A.L. Solutions Recap: Getting the Community On-Board](#)

[HPIO: Ohio addiction policy inventory and scorecard: Law enforcement and the criminal justice system](#)

[OAFP: New State Medical Board Executive Director Named](#)



## Monthly Meeting Resources

Following each Monthly Meeting and Regional Learning Session, the agenda, speaker information, slide deck and other relevant resources are uploaded to the HCGC website for your reference. [View resources.](#)

For a Calendar of Events visit:  
<http://www.hcgc.org/events.html>

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