Care Connection

Expanding comprehensive health and wellness services through school-based care
Care Connection

SBHCs
Mobile Units
Physical Medicine
*Additional Depts TBD
Primary Care
Behavioral Health
Care Connection
Partnerships & Outreach
Partners for Kids
School Based Asthma Therapy
Care Connection

**Mission**
To improve pediatric outcomes by expanding access to comprehensive health and wellness services through school based care in partnership with families, schools and communities

**Vision**
Become a national leader in improving Quality of Life outcomes for children and adolescents by eliminating nonacademic barriers to learning
Primary Care

Mobile Care Centers

School-Based Health Centers (SBHCs)

Before

After

2 Mobile Care Centers

13 School-based Health Centers
School-Based Health Centers

- **Who We Serve**
  - Access to care
  - Coordinated PFK outreach

- **Overview of Services Provided**
  - Well Child Care- comprehensive, all screenings, labs needed
  - Vaccines- including flu
  - Sick visits- Strep throat, abdominal pain, STI testing and treatment
  - Chronic disease management- Asthma follow up, diabetes, obesity
  - Teen reproductive healthcare
  - Mental health care
School-Based Health Centers

• Overview of Mental Health Care Services
  – ADHD new diagnosis using standard evaluation with Vanderbilts
  – ADHD medication management
  – Depression diagnosis and management
  – Anxiety diagnosis and management
  – Referral to BH services
  – Collaborative care with school-based BH
  – Consultation with School-based Psychiatry when needed
School-Based Health Centers

• Additional Areas for Collaboration with School Personnel
  – MTSS, RTI, IHP & Absence Intervention meetings participation
  – Special Education Evaluations
    • Review of medical records and past diagnoses- clarify developmental delay vs. behavioral diagnosis, review previous testing results
    • New evaluation if needed
    • Referral for additional services
  – IEP and 504 plan assistance
School-Based Asthma Therapy

SBAT works as a liaison between the school and the asthma care provider and family
- School RN administers asthma prevention medication at school
- Program Enrollment: over 720 students in 254 schools in 30 districts

Outcomes include:
- Reduction in ED visits
- Fewer inpatient & PICU admissions
- Increased participation in activities
- Students develop adherence habits
School-Based Behavioral Health

Evidence-Based Prevention Programs
• **Good Behavior Game** - a strategy that teaches students self-regulation and self-management in context of collaborating with others.
• **Signs of Suicide** - prevention program including screening and education.

**Engagement**
• **100+** Schools participate in prevention programming
• **54** Schools have direct therapeutic services
Early Childhood Mental Health Prevention Team

- Early Childhood Mental Health (ECMH) Consultation in 4 Pre-K classrooms
- Positive Parenting Program (“Triple P”) series provided to parents at 4 CCS schools
- 3 elementary schools accessed the Ohio Preschool Expulsion Prevention Partnership Hotline and received in-class consultation from our ECMH preschool classroom consultants

Signs of Suicide Prevention Program

NCH Center for Suicide Prevention Year 3 (September 2017-May 2018):
- 2017-18 SY: 18 schools implemented SOS (7 new schools), 114 classrooms
- To date: 28 unique CCS schools have implemented SOS in 271 classrooms
School Profile
3 School Nurses caring for 207 Students
• 61% special education needs
• 101 w/ toileting assist; 3 cath, 5 ostomy
• 72 wheelchairs
• 46 feeding assistance; 33 G or J tubes
• 15 suctioning; 8 tracheostomies; 7 on O₂

Patient Profile
• Avg. 40 appointments / student / year
• Low SES; significant unmet needs
• Parents without transportation
• High no show rate

Seating Clinic
• Gym converted to exam rooms
• Multidisciplinary clinic twice/year
• (PhysMed, therapists, wheelchair vendors, school staff)
• Improved no show rate
• Establishes continuity of care
• Reaching children, with significant needs, not otherwise being seen

Seating Clinic
Colerain Elementary School
CareLink

Access to the NCH medical record for community providers

**Pilot with School Nurses**
- Student acuity increasing
- RNs often without accurate information
- Seeing the school RN as an extension of the medical team

**Partnerships & Outreach**

**Clinical Therapies Collaboration**
- NCH & School-based OT, PT and SLP improving continuum of care & leveraging expertise

**Wellness Outreach and Education Programs**
- Guest speakers in classrooms, after school programs, evening sessions
- Focus: Reproductive Health; Nutrition; Dating Violence; Social Media
School and Community Engagement

NCH Staff attended/hosted 104 events in the 2017-18 School Year

Types of Events

- Open Houses & Orientations
- Parent/Teacher Conferences
- Sport related Meetings & Events
- Staff Meetings
- Community Picnics
- Resource Fairs
- Lunch and Learns
- Festivals
- And more...
# Teen Health Programs and Support

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<th>Programs</th>
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<td>• Train-the-Trainer</td>
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<td>• Guest Speaker</td>
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<td>• Curriculum Development and Resources</td>
<td>• Healthy Choices</td>
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<td>• Specialized Programs: Dine and Dish</td>
<td>• STI and Pregnancy Prevention</td>
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<td>• Student/Guardian Event, Lunch and Learn, Prom Program</td>
<td>• Nutrition</td>
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<td>• Healthy Relationships</td>
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**Elementary**
- Parsons
- Fairwood
- Hubbard
- Beatty Park

**Middle**
- Starling
- Ridgeview
- Buckeye

**High**
- South, East, Northland, West, CAHS, Marion-Franklin, Linden-McKinley, Centennial, Whetstone, Mifflin, Walnut Ridge, Independence, Columbus Downtown HS

**Community**
- CCS Health & PE Teachers; PD State Health & PE Teachers Conference
- Goodwill Columbus
- Boys & Girls Club
- Columbus Parks & Rec
- PREP Program Trainings
- Women's Health Education Program

- Reached over 1300 CCS students in 2017-2018
- Customized programming based on student and community needs