



News from the HUB



Articles of Interest

[Addressing Food Insecurity In Clinical Care: Lessons From The Mid-Ohio Pharmacy Experience](#)

[Why hospitals want to invest in affordable housing](#)

[NIHCM: Youth Mental Health: Trends and Outlook](#)

[Center for Community Solutions: SNAP Benefits: Keeping Track of the Proposed Changes](#)

[Multi-Year Ohio Pregnancy Assessment Survey Dashboard Improves Statewide Maternal and Infant Health Capabilities](#)

Featured Article



Central Ohio Pathways HUB Receives Level 1 Certification

After just 8 months of existence, the Central Ohio Pathways HUB (the HUB) received its Level 1 certification from the Pathways Community HUB Institute (PCHI) in December of 2019.

Certification ensures that HUBs are able to maintain fidelity to the evidence-based the Pathways 2.0 HUB Model – a key requirement when building relationships and negotiating with Medicaid Managed Care Organizations, as well as engaging certified HUBs in ongoing research and quality improvement to

support the whole-person, pay-for-performance methodology and sustainability. This designation by PCHI also ensures that the HUB is the only Pathways HUB model care coordination system functioning in Franklin and the continuous counties. This assures efficiencies and prevents duplication of efforts, thus ensuring quality, equitable care for our region's most vulnerable populations.

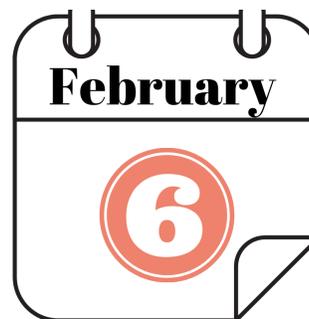
Under HCGC's leadership, the HUB has shown exponential growth. The top five pathways initiated in 2019 were social service referrals, education, medical referrals (including dental referrals), establishing a medical home, and pregnancy. To date, the HUB has seen 66 out of 77 of the pregnancies of mothers in the HUB result in healthy birth weight babies. 13 clients have found and maintained employment as a result of their participation, and there have been 21 people housed including 14 clients who were either homeless or facing eviction before they engaged in the HUB. There have also been 41 clients successfully connected to a primary care office, thus establishing a medical home. All of this work would not be possible without the fantastic community health workers (CHWs) who have been committed to making the HUB a success and coordinating the best possible care for their clients. The HUB currently has 28 CHWs working for 10 care coordination agencies (CCAs) in Central Ohio:

- CelebrateOne
- Columbus Urban League
- Franklin County Public Health
- Heart of Ohio Family Health Centers
- OhioHealth
- PrimaryOne Health
- Physicians CareConnection
- The Breathing Association
- Urban Strategies, Inc.
- Wellness First

For more information on the HUB, visit our [website](#). If you are interested in engaging with the HUB, please email the HUB Executive Director, Jenelle Hoseus at jenelle@hcgc.org.

Next CHW Monthly Meeting

Thursday, February 6, 2020
9:00-11:00 AM
Supervisor Sign-Off Time 11:00-11:30
Columbus Medical Association
1390 Dublin Rd
Columbus, OH 43215



January CHW Monthly Meeting Recap

Our latest CHW monthly meeting had a packed agenda with fantastic presentations from HUB staff and partner organizations. Tanikka Price began the meeting with several Pathways updates, allowing for CHW time to network and ask questions about their work in the field.

We also celebrated the recent updated statistics showing the incredible progress within the Pathways HUB program. As of December, the HUB is serving approximately 398 clients, with a total of 654 that have come through the program for a total of over 4,900 pathways opened. This is a huge accomplishment for the Central Ohio Pathways HUB, as these outstanding numbers were generated within 9 months under HCGC leadership.

This month we had the pleasure of beginning our series of introductions by each Care Coordination Agency participating in the HUB. We heard from:

- Kim Wilson-Lawson from Wellness First
- Sara Perrotta from Heart of Ohio
- Mary Mutegi & Rebeca Flores from Physicians CareConnection
- Sonia Booker from OhioHealth

Thanks to all who shared. We look forward to hearing from all of our amazing CCAs in the coming months!

We had the pleasure of welcoming Nikki Brobson from Buckeye Health Plan. Ms. Brobson shared the various services available to Buckeye clients.

Tanikka Price rounded off the meeting with a fantastic team building activity.

Going forward, we look forward to connecting with more Medicaid managed care plans as well as continuing to strive to provide monthly continuing education programming and networking opportunities to support our CHWs continual and sustained success!

Insights from the HCGC Blog



YMCA Blood Pressure Self-Monitoring Program: TAKE ACTION FOR HEART HEALTH

by Caroline Rankin, MPH, Executive Director of Health Innovations, YMCA of Central Ohio

The YMCA of Central Ohio has been a leading force in Health and Wellness for nearly 160 years. The YMCA has been unafraid to take on life's many challenges including chronic disease, child abuse, and homelessness by offering wellness programs, child care, and housing.

Individuals come to the Y because we are a trusted community organization and can provide programming to support a healthier lifestyle. With approximately 1 in every 3 adults or 75 million American adults having been diagnosed with High Blood Pressure the YMCA provides the Blood Pressure Self-Monitoring Program. The four month program helps adults with hypertension lower and manage their blood pressure. The program focuses on regulated home self-monitoring using proper measuring techniques, individualize support and nutrition education for better blood pressure management. With the support from a trained Health Heart Ambassador a participant measures and records their blood pressure at least two times per month with a BP cuff that is provided, attend two personalized consultation per month and monthly nutritional sessions.

[View the Entire Post](#)

Patient Centered Outcomes Research Institute Featured Research

Shared Decision Making: Helping Patients with Chest Pain Make



Decisions in the ER

Emergency physicians often recommend—or urge—monitoring and further testing when they see patients with chest pain, even if they haven't had a heart attack. A study shows benefits of patients' and doctors' using a decision aid to guide next steps.

One day in 2011, Michel Demers experienced chest pain, headaches, and dizziness. He immediately got worried, thinking of his father, who had died at 50 from a heart attack.

As a stay-at-home dad, Demers had two small children to look after. He called his wife, Annie LeBlanc, PhD, a Mayo Clinic researcher. The two scrambled for childcare and then went to the emergency department at Mayo Clinic. Demers underwent numerous tests and received excellent care but still wasn't sure how sick he might be.

[Read more on PCORI's website](#)

Monthly Meeting Resources

Following each Monthly Meeting and Regional Learning Session, the agenda, speaker information, slide deck and other relevant resources are uploaded to the HCGC website for your reference.

[View Resources](#)



For a Calendar of Events visit:
www.hcgc.org/meetings--events

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