



## **COPC: Central Ohio Primary Care sticking with telehealth**

Here's what going to the doctor could look like post-coronavirus. Less than a month ago, Dr. Matthew Skomorowski had a waiting room full of patients. The second week of April, he said, "There's not a single person in my lobby. We don't want people to come into the office."

[Read more...](#)

## **OSU: As health facilities reopen for more medical procedures, here's what to expect**

Our hard work and sacrifice are paying off. As in other parts of the country, by limiting our movements and reducing our exposure to COVID-19, Ohioans have so far been able to prevent a massive spike in cases that could have overwhelmed our state's hospitals and health care workers.

[Read more...](#)

## **OhioHealth: Desperate need for convalescent plasma donors**

George Tzagournis donated plasma this week through the American Red Cross. He said it was the right thing to do as someone who'd fully recovered from COVID-19 in mid-March. Tzagournis marked his first asymptomatic day on March 28.

The milestone put him a category that OhioHealth infectious disease specialist Dr. Joseph Gastaldo, who is on the 10TV Team of Experts, urged to make life-saving donations.

"The whole theory is that when you recover from COVID-19, your body produces antibodies and in that situation we call that special component of the blood convalescent plasma," said Dr. Gastaldo.

[Read more...](#)

## **Mount Carmel: Medical Supply Donations**

We are incredibly humbled and honored by the offers we've received to donate needed medical supplies during the COVID-19 outbreak. In response to your generosity, we have opened five sites across central Ohio where you can now drop off new, unopened medical supplies. We can't thank you enough for your outpouring of support and the care you're showing to our colleagues who are risking so much to keep our community safe.

[Read more...](#)

## **Syntero: Supporting Your Child While Staying at Home: Helpful Tips from Syntero Clinicians**

Syntero School-Based Clinicians Amanda Niedermeyer, M.S. Ed, LPCC-S, and Shantel Jackson, LPCC, provide tips to help parents support their children's overall health and wellness while staying at home.

[Read more...](#)

## **Central Ohio Pathways HUB COVID-19 Response**

In the midst of the COVID-19 pandemic, the role and potential of the HUB and our CCAs, CHWs and Supervisors is multi-faceted. HUB CHWs are already on the front lines ensuring that clients are connected to care and services. They continue to enroll and educate clients on the virus itself as well as other critical pieces of information like the telemedicine options available to clients, how to maintain necessary appointments, what social service agencies are still open, new transportation guidelines, designated food pick-up opportunities and more. We believe that in addition to their normal duties, our CHWs can continue to educate the community, while also serving the greater efforts to combat COVID-19 and ease its aftermath.

[Read HCGC's full statement on the role of the HUB here.](#)

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## **Next CHW Monthly Meeting**

**Thursday, May 7, 2020**

**9:00-11:00 AM**

**Supervisor Sign-Off Time 11:00-11:30**

**Zoom Webinar: Dial-in information to come in email from Jenelle!**



# HUB Activity Update

\*as of 4.27.2020



Upcoming HCGC Webinar

# be·hav·ior·al ec·o·nom·ics

Combining strategies from economics and psychology to help nudge clinicians and patients towards their long-term goals.

Join HCGC for a two-part  
webinar series on  
**Behavioral Economics**  
featuring:



**Jack Stevens, PhD**

Psychologist, Nationwide Children's Hospital  
Associate Professor of Pediatrics,  
The Ohio State University

Continue the  
conversation from  
our first webinar in  
this series.  
Register today:

**Behavioral Economic  
Strategies to Address the  
Opioid Crisis and the  
Coronavirus Pandemic**

**Thursday, May 14th  
10:00 - 11:30 AM**



Register Online:  
[www.hcgc.org/events](http://www.hcgc.org/events)

Register  
Today

## Insights from the HCGC Blog



### **Society Groundhog Day Amidst a Prolonged Pandemic**

From the Columbus Medical Association Blog

by CMA Member, Dr. Sugat Patel

HCGC is an affiliate of CMA

Dr. Sugat Patel's thoughts are based on what is known as of 4/17/2020.

My aim is to start a discussion on the restart of our society considering the COVID-19 pandemic will endure until there is a significant treatment or vaccine. Understanding that we may have to wait for a year or possibly more, we will have to eventually emerge, risking exposure of ourselves and loved ones to the virus. I don't want to be long-winded, so I am going to try and present this argument by given, assumed, then proposed.

Given (learned)

Our practices of staying at home, social distancing, and using masks have helped to flatten the curve. We are below hospital capacity and need to stay there. Our top priorities are to not exceed hospital capacity and to have enough PPE to make healthcare as safe as possible. Circumstances, where the virus is aerosolized, require maximum grade PPE. Any plan that compromises those priorities is a failure. Spread is largely through asymptomatic carriers. Many asymptomatic carriers are children. The elderly and people with comorbid conditions are extremely susceptible to morbidity and mortality.

[View the Entire Post](#)

## Patient Centered Outcomes Research Institute Featured Research



### Research to Improve Minority Mental Health

One in six US adults lives with a mental illness such as depression, bipolar disorder, and anxiety disorders, according to the National Institute of Mental Health. Compared with non-Hispanic whites, racial and ethnic minorities have less access to mental health care, are less likely to receive diagnoses of mental illnesses, and have poorer mental health outcomes.

[Read more on PCORI's website](#)

### Monthly Meeting Resources

Following each Monthly Meeting and Regional Learning Session, the agenda, speaker information, slide deck and other relevant resources are uploaded to the HCGC website for your reference.

[View Resources](#)



For a Calendar of Events visit:  
[www.hcgc.org/meetings--events](http://www.hcgc.org/meetings--events)

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