April Features

Resources from Central Ohio Healthcare Organizations
A look at what our local partners are doing to support patients during the COVID-19 Pandemic

**COPC: Central Ohio Primary Care sticking with telehealth**
Here’s what going to the doctor could look like post-coronavirus. Less than a month ago, Dr. Matthew Skomorowski had a waiting room full of patients. The second week of April, he said, “There’s not a single person in my lobby. We don’t want people to come into the office.”
Read more...

**OSU: As health facilities reopen for more medical procedures, here’s what to expect**
Our hard work and sacrifice are paying off. As in other parts of the country, by limiting our movements and reducing our exposure to COVID-19, Ohioans have so far been able to prevent a massive spike in cases that could have overwhelmed our state’s hospitals and health care workers.
Read more...

**OhioHealth: Desperate need for convalescent plasma donors**
George Tzagournis donated plasma this week through the American Red Cross. He said it was the right thing to do as someone who’d fully recovered from COVID-19 in mid-March. Tzagournis marked his first asymptomatic day on March 28. The milestone put him in a category that OhioHealth infectious disease specialist Dr. Joseph Gastaldo, who is on the 10TV Team of Experts, urged to make life-saving donations. “The whole theory is that when you recover from COVID-19, your body produces antibodies and in that situation we call that special component of the blood convalescent plasma,” said Dr. Gastaldo. Read more...

Mount Carmel: Medical Supply Donations
We are incredibly humbled and honored by the offers we’ve received to donate needed medical supplies during the COVID-19 outbreak. In response to your generosity, we have opened five sites across central Ohio where you can now drop off new, unopened medical supplies. We can’t thank you enough for your outpouring of support and the care you’re showing to our colleagues who are risking so much to keep our community safe. Read more...

Syntero: Supporting Your Child While Staying at Home: Helpful Tips from Syntero Clinicians
Syntero School-Based Clinicians Amanda Niedermeyer, M.S. Ed, LPCC-S, and Shantel Jackson, LPCC, provide tips to help parents support their children's overall health and wellness while staying at home. Read more...

May HCGC Webinar Series
Register for the Webinar
Insights from the HCGC Blog

Society Groundhog Day Amidst a Prolonged Pandemic
From the Columbus Medical Association Blog
by CMA Member, Dr. Sugat Patel

HCGC is an affiliate of CMA

Dr. Sugat Patel’s thoughts are based on what is known as of 4/17/2020.

My aim is to start a discussion on the restart of our society considering the COVID-19 pandemic will endure until there is a significant treatment or vaccine. Understanding that we may have to wait for a year or possibly more, we will have to eventually emerge, risking exposure of ourselves and loved ones to the virus. I don’t want to be long-winded, so I am going to try and present this argument by given, assumed, then proposed.
Given (learned)
Our practices of staying at home, social distancing, and using masks have helped to flatten the curve. We are below hospital capacity and need to stay there. Our top priorities are to not exceed hospital capacity and to have enough PPE to make healthcare as safe as possible. Circumstances, where the virus is aerosolized, require maximum grade PPE. Any plan that compromises those priorities is a failure. Spread is largely through asymptomatic carriers. Many asymptomatic carriers are children. The elderly and people with comorbid conditions are extremely susceptible to morbidity and mortality.

Patient Centered Outcomes Research Institute
Featured Article

Research to Improve Minority Mental Health
One in six US adults lives with a mental illness such as depression, bipolar disorder, and anxiety disorders, according to the National Institute of Mental Health. Compared with non-Hispanic whites, racial and ethnic minorities have less access to mental health care, are less likely to receive diagnoses of mental illnesses, and have poorer mental health outcomes.

Read more on PCORI's website

Articles of Interest & Upcoming Partner Events

Friday Webinar: How Counties and Caseworkers are Responding to COVID-19

Survey: How has COVID-19 affected you and the people you serve?

 HEAP Assistance Extended

National Healthcare for the Homeless Council: COVID-19 Resources

Urban Institute: COVID-19: Policies to Protect People and Communities

It is not too late to fill out the 2020 US Census

City of Columbus Opiate Crisis Tools and Resources

IHI Webinar: Telemedicine: COVID-19 and Beyond
Monthly Meeting Resources

Following each Monthly Meeting and Regional Learning Session, the agenda, speaker information, slide deck and other relevant resources are uploaded to the HCGC website for your reference. View resources.

For a Calendar of Events visit: http://www.hcgc.org/events.html

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